

The 2021 Pearl Beach CHALLENGE

Event Sponsor **COAST REALTY**

**On the weekend September, Saturday 4th & Sunday 5th
we are asking all walkers to complete the Challenge.**

The current NSW Health Covid Regulations have put paid to our hope to run our event as intended in July. The extended lockdown requires us to stay at home and only go out for essential work, shopping and exercise.

So, we are asking all challenge participants to walk the challenge course as part of their exercise, on either the 4th or 5th of September.

The details:

- ENJOY the WALK.....remember it is not a race, walk at your own pace and STOP if you feel stressed, tired or unwell.
- Join the course at the closest point from your home and walk it in either direction.
- If you are not able to walk in Pearl Beach, due to Covid restrictions, please walk the 5km exercise around where you live.
- Abide by all current NSW Health Covid Regulations, including social distancing and carrying a mask.
- Carry a bottle of water, as we will not have any water stations
- The path through the Arboretum will be marked with yellow arrows mounted on posts
- Wear your team colours, caps or t-shirts, etc.
- Please take your phone and capture yourself or others enjoying this exercise.
- (Email any photos to greg_mcphee@hotmail.com)
- Your team co-ordinator will have a gift bag for you provided by sponsor personalEYES. They will arrange with you how you can get this.
- **Keep an eye out for Taras, who will running the final 50km starting from about 8am Saturday 4th.**
- We hope to have a catch up with participants, sponsors, etc either by zoom or in person sometime following the event, details depending on Covid rules,

Group Sponsors



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